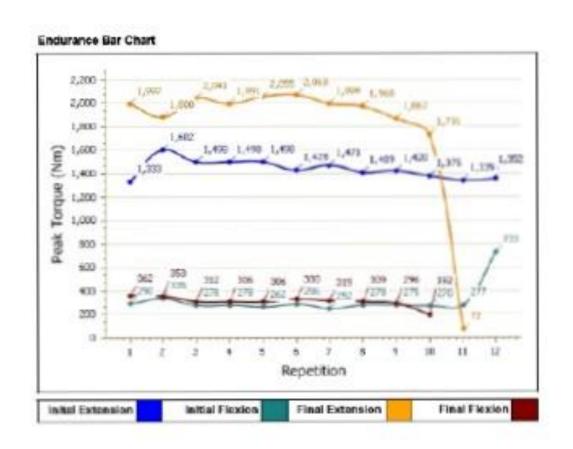
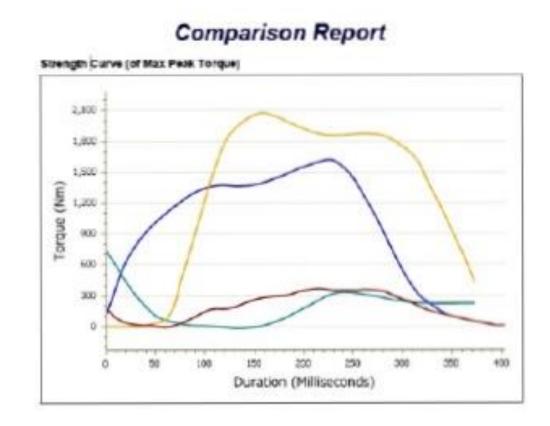
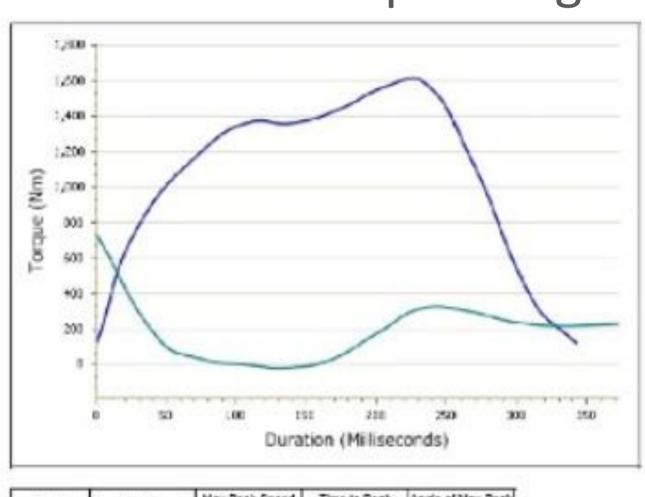


Comparison Reporting





1 Rep Strength Report



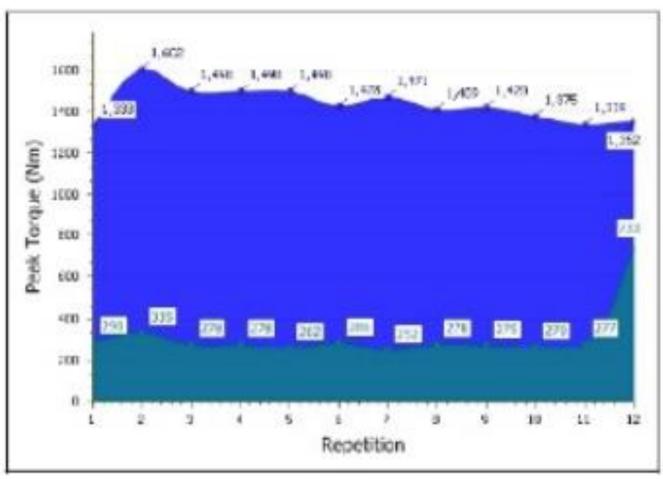
Date	24/62/2010		
Time of exercise	02:09 AM		
Exercise Details			
Exercise name	Squat		
Set #	2		
Number of repetitions	12		
Duration (sec)	11.92		
Target Torque (Nm)	2200/1		
Target Speed (deg/sec)	70/1		
ROM (deg)	15		
Resistance Dials			
Extension / Left	6		
Flexion / Right	1		

Stroke	Max Peak Torque	Max Peak Speed (deg/sec)	Time to Peak Torque	Angle of Max Peak Torque (deg)	
Extension	1602	091	0.23	012	
Flesion	723	107	0.00	015	

Extension / Left	
Flexion / Right	Ų
	_

Shami Layton

Endurance Set Report



Date	24/02/2010
Time of exercise	02:09 AM
Exercise Details	
Exercise name	Squat
Sut #	2
Number of repetitions	12
Duration (sec)	11.92
Target Torque (Nm)	2200/1
Target Speed (deg/sec)	70/1
ROM (deg)	15
Resistance Dials	
Extension / Left	8
Flexion / Right	1

Name

Shami Layton

Stroke		Average Late Peak Torque		Seamed	Average Late Speed	Fatigue Speed Performance	Average Time Per Stroke
Extension	1427	1435	002%	1238	062	-010%	0,51
Tieston	301	317	-208%	1967	one	-006%	2.51

Extension / Left Flexion / Right